

Contingency Management (CM) Description: Reinforcing Attendance

We are beginning a program that provides the chance to win prizes for achieving and maintaining attendance goals. This system has been shown to be effective in improving patient engagement, which could be especially helpful while you are first starting treatment with us. This program runs for 12 weeks in conjunction with the usual care you will receive. If you decide to participate, you will have the opportunity to earn prizes every week for meeting your site's attendance goals.

At this treatment center, attendance goals for new patients include [fill in each site's customized definition].

Every week that you meet your site's attendance goal, you will receive at least one draw from the prize bowl. Each draw has a 50% chance of winning a prize. The prizes you can win range in value from \$1 to \$100. Prizes can include items such as toiletries, gift cards, small electronics, and more.

The first week that you meet your site's attendance goal, you will get one draw from the prize bowl. If you meet your site's attendance goal the following week, you will get two draws. If you meet your site's attendance goals three weeks in a row, you will get three draws. The number of draws earned increases by one every week that you meet your site's attendance goal until you reach a maximum of 12 draws (after 12 full weeks of consistent attendance).

If you ever miss your site's attendance goal, you will get zero draws that week. The next time you meet your site's weekly attendance goal, the number of draws you can earn resets to one. You can then start earning increasing draws for each week of consistent attendance, up to a maximum of 12 draws.

If you met your site's attendance goal for all 12 weeks, you could earn up to 78 draws. This means you would have the average likelihood of earning about \$156 in prizes. Some people will earn less than this average and some people will earn more. The more consistently you engage in treatment, the greater your chances of winning prizes and the better your recovery.

We hope you are interested in participating in this program!

Duration: 12 weeks

CM schedule: Starts at 1 draw, escalates by 1 draw each week that client meets target. Total draws possible = 78.

Fishbowl:

500 slips total.

250 are “Good jobs!”

209 are Smalls

40 are Larges

1 is a Jumbo

Your clinic’s attendance goal: Ideally, simple and straightforward is best. The more complex the goal is, the more likely that client’s will be confused and/or clinicians will make mistakes in administering CM. This attendance goal should be applied to all clients, but it can vary across weeks if necessary (though this increases complexity). If you vary across weeks, list out the goal week by week.

Proposed schedule:

Weeks	Result	Draws
1	Meets attendance goal	1
2	Meets attendance goal	2
3	Meets attendance goal	3
4	Meets attendance goal	4
5	Meets attendance goal	5
6	Meets attendance goal	6
7	Meets attendance goal	7
8	Meets attendance goal	8
9	Meets attendance goal	9
10	Meets attendance goal	10
11	Meets attendance goal	11
12	Meets attendance goal	12
	Total draws:	78

*adapted from Petry’s Sample CM Description Reinforcing Stimulant Abstinence