

Parent Resource Packet

Effective Child Therapy

An APA sponsored site dedicated to evidence-based mental health treatment for children and adolescents
<http://effectivechildtherapy.com>

NIDA for Teens

<http://teens.drugabuse.gov>

Very Well Family: Teens

<http://www.verywellfamily.com/teen-life-4157356>

CRC Health Group

The largest provider of specialized behavioral health care services in the U.S.
<http://crchealth.com>

National Alliance on Mental Illness Psychosocial Treatment Fact Sheet

<https://www.nami.org/NAMI/media/NAMI-Media/Images/FactSheets/Psychosocial-Treatments-FS.pdf>

HelpGuide.Org

Drug abuse and addiction: Signs, symptoms, and help for drug problems and substance abuse
<http://helpguide.org>

RESOURCES FOR CHILDREN AND FAMILIES

NORTHERN RHODE ISLAND

Community Care Alliance
181 Cumberland Street
Woonsocket, RI 02895
Website: communitycareri.org
Telephone #: 401-235-7000

EAST BAY

East Bay Health Center
610 Wampanoag Trail
East Providence, RI
Telephone #: 401-246-1195

Timothy le Jacq-Smith, Psy. D.
Ocean State Psychology
1445 Wampanoag Trail, Suite 108A
Riverside, Rhode Island 02915
Telephone #: 401-243-4199 or 401-267-4673
Email: drtimothy@charter.net
Website: ocean-state-psychology.com

Child and Family Services of Newport County
31 John Clarke Rd
Middletown, RI 02842
Telephone # 401-849-2300
Website: childandfamilyri.org

Newport County Community
Mental Health Center
127 Johnny Cake Hill Rd
Middletown, RI 02942
65 Valley Rd
Middletown, RI 02842
Telephone #: 401-846-1213
Website: newportmentalhealth.org

East Bay Community Action Program
Newport, Riverside, Barrington, Tiverton
Telephone #: 401-437-1000 or 401-847-7821
Website: ebcap.org

RICBT RI Cognitive Behavioral Therapy
400 Massasoit Ave., Suite 305
East Providence, RI 02914
60 Bay Spring Avenue Unit 5B
Barrington, RI 02806
Phone: (401) 294-0451
Email: Receptionist@RICBT.com Web:
www.RICBT.com

CENTRAL FALLS & PAWTUCKET

Gateway Healthcare
Administrative Office
249 Roosevelt Avenue
Suite 205
Pawtucket, RI 02860
Telephone #: 401-724-8400

Gateway Healthcare Psychiatry and
Behavioral Health Services for Adults
103 Bacon St. Pawtucket, RI 02860
Telephone #: 401-722-3560
Website: [https://www.lifespan.org/centers-
services/psychiatry-and-behavioral-health-services-
adults](https://www.lifespan.org/centers-services/psychiatry-and-behavioral-health-services-adults)

Blackstone Valley Community Health Care
Website: [http://www.bvchc.org/services/behavioral-
health](http://www.bvchc.org/services/behavioral-health)
Telephone #: 401-722-0081

SOUTHERN RHODE ISLAND

RICBT RI Cognitive Behavioral Therapy
1130 Ten Rod Road, Suite E302, 305, & 308
North Kingstown, RI 02852
Phone: (401) 294-0451
Email: Receptionist@RICBT.com Web:
www.RICBT.com

South Shore Center/Gateway Health Care
4705A Old Post Rd
Charlestown, RI 02813
Telephone # 401-789-1367

South County Health
Behavioral Health Services
3461 South County Trail, Suite 301
East Greenwich, RI
Telephone #: 401-471-6760
70 Kenyon Ave., Suite 211
Wakefield, RI
Telephone #: 401-789-8543
268 Post Rd., near Walmart, Suite 203
Westerly, RI

Telephone #: 401-604-2530
Website: <https://www.southcountyhealth.org/programs-services/primary-care-internal-family-medicine/behavioral-health-services>

PROVIDENCE

The Providence Center
528 South Main St
Providence, RI 02904
Telephone #: 401-276-4020
Website: providencecenter.org

Family Services, Inc.
Locations in Providence
Telephone #: 401-519-2280
Website: familyserviceri.org

Children's Friend and Service
153 Summer Street
Providence, RI 02903
Telephone #: 401-276-4300
Website: Cfsri.org

Cedar Family Centers
335 R Prairie Ave, Providence
Suite 1 A
Telephone #: 401-444-7703
55 Hope St, Providence
Telephone #: 401-331-1350
Website: <https://ripin.org/resources/cedar-family-center/>

RICBT RI Cognitive Behavioral Therapy
400 Massasoit Ave., Suite 305 East
Providence, RI 02914

Phone: (401) 294-0451
Email: Receptionist@RICBT.com Web:
www.RICBT.com

Rhode Island Parent Information Network
(RIPIN) www.ripin.org
1210 Pontiac Ave. Cranston, RI 02920
1800.464.3399 401.270.0101
info@ripin.org

(WEST) WARWICK

Quality Behavioral Health
75 Lambert Lind Hwy, Warwick
Telephone #: 401-681-4274
Website: qbhri.com

Thundermist Behavioral Health
186 Providence St, West Warwick
Telephone #: 401-615-2800

Tides Family Services
215 Washington St
West Warwick RI
Telephone #: 401-822-1360
Website: tidesfs.org

JOHNSTON

Tri-County Community Action
Agency
1126 Hartford Ave, Johnston
33 Maple Ave, North Providence
Telephone #: 401-519-1940
Website:
<https://tricityri.org/behavioral-health/>

CRANSTON

Comprehensive Community
Action Program
1090 Cranston Street, 2nd Floor
Cranston RI
Telephone #: 401-467-9610
1090 Cranston St, Cranston RI
Telephone #: 401-943-1981

PSYCHOLOGISTS IN THE COMMUNITY

Therese Rando Associates LTD.
33 College Hill Road
Warwick, RI 02886
Phone: (401)823-5410

Feil and Oppenheimer Psychological Services
260 Waseca Avenue
Barrington, RI 02860
Phone: (401)245-4040 or (401)237-2060
Email: fieloppenheimer@gmail.com
Website: <http://www.feiloppenheimer.com/>

Alan Brenman, ED.D
189 Governor St
Providence, RI
Phone: (401)229-2759

Providence Behavioral Health Assoc.
1075 Smith St, 2nd Fl.
Providence, RI
1598 S. County Trail, Suite 204
East Greenwich, RI
Phone: (401) 369-9224
Website: providencebehavioral.org

Jonathan Gershon Ph.D.
Gershon Psychological Associates, LLC
400 Bald Hill Road, Suite 530
Warwick, Rhode Island 02886
7 Austin Ave, Greenville RI
1 Richmond Square, Providence RI
Phone: (401)349-3131
Website: gershonpsych.com

Shari Wasserstein Elice, Ph.D.
226 Waterman Street
Providence, RI
Phone: (401)398-0983

C. Duarte & Associates
Psychotherapy and Consultation
1130 Ten Rod Road

Building E, Suite 101
North Kingstown, RI
Telephone #: 401-294-6900
Website: <http://cduarteandassociates.com/index.html>

Laura Giusti
325 Angell St.
Providence, RI
Phone: (401)274-0834

Providence Psychology
245 Waterman St.
Providence, RI
Telephone #: 401-273-3322
Website: providencepsychology.com

Child and Adolescent Psychiatry
Rhode Island Hospital
1 Hoppin St
Providence, RI
Telephone #: 401-444-8945

Pediatric Mental and
Behavioral
Health Services
Newport Hospital
Telephone #: 401-845-1950
Bradley Hospital
Telephone #: 1-855-KID
LINK

Patricia Flam, Ph.D
Rhode Island Hospital
593 Eddy St, Providence
Telephone #: 401-444-4000

Bradley Hospital
Outpatient Clinic
1011 Veterans Memorial Parkway
East Providence, RI
Phone: (401)432-1000

Linda J. Gil LCDP, LMHC
1020 Park Ave, Suite 108
Cranston, RI 02910
Telephone # (401) 285-1950

Masha Schiller, Ph.D.
325 Angell St.
Providence, RI 02906
Phone: (401)272-7347

Angell St. Psychiatry
321 Hope St, Providence
Phone #: 401-274-8777
33 College Hill Rd, Warwick
401-822-4673
Atwood Medical Center
1524 Atwood Ave Suite 437
Johnston, RI
Phone: 401-383-9570

Search for more psychologists and therapists on: <https://www.psychologytoday.com/us>

RESOURCES FOR CHILDREN AND FAMILIES (Offer services for substance use and mental health)

Butler Hospital Alcohol and Drug Treatment Services

345 Blackstone Boulevard
Providence, RI 02906
1-844-401-0111
[www. Butler.org](http://www.Butler.org)

The Providence Center Recovery Services

Website: providencecenter.org/services/residential/roads-to-recovery

Child and Family Services

1268 Eddy St
Providence, RI
19 Valley Road
Middletown, RI 02840
Intake: 401-781-3669
401-849-2300
Website: childandfamilyri.com

CODAC Behavioral Healthcare

Locations in Cranston, Providence,
Wakefield, Newport, and
East Providence
Corporate office phone: 401-275-5039
Website: codacinc.org

Phoenix House of New England

Exeter and Providence locations
Hotline: 888-671-9392
[www. Phoenixhouse.org](http://www.Phoenixhouse.org)

Tri-town Substance Abuse Treatment Services

1126 Hartford Avenue
Johnston, RI 02919
Phone #: 401-351-2750, ext. 4
Crisis Hotline: 978-771-4619

Anderson-Squires, LLC

24 Salt Pond Rd, Wakefield
Site B4
Phone #: (401) 474-4004
Or (401) 474-3595

Comprehensive Community Action Program

Behavioral Health Counseling
1090 Cranston St, Cranston RI
Phone #: 401-467-9610 or 401-943-1981
191 MacArthur Blvd, Coventry RI
Phone #: 401-828-5335
266 Buttonwoods Ave, Warwick RI
Phone #: 401-732-9090
Website: comcap.org

Bradley Hospital

1011 Veterans Mem. Parkway
East Providence, RI 02915
401-432-1000

Pawtucket Addictions Counseling Service

101 Bacon St., Pawtucket RI
Phone #: 401-729-8701

Gateway Traditional Housing

Recovery Services
Phone: 401-722-4644
www.gatewayhealth.org

The Leadership Counsel

Website: <https://www.sumhlc.org/>
200 Metro Center Blvd., Unit 10
Warwick, RI 02886
401-521-5759

National SAMHSA Helpline

1-800-622-HELP (4357)

Se habla español

Website: samhsa.gov

The Providence Center

401-247-7111 (Se habla español)

Website: www.providencecenter.org

National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Website: niaaa.nih.gov/alcohol-health/support-treatment

LGBT RESOURCES FOR TEENS AND FAMILIES

Rhode Island

Youth Pride, Inc.

743 Westminster St., Providence, RI 02903

Phone: (401) 421-5626; Email: info@youthprideri.org

Website: youthprideri.org

Mental Health providers for LGBTQ: <https://www.youthprideri.org/wp-content/uploads/2019/08/MentalHealthProviderResourceList.2018.pdf>

National

National Youth Advocacy Coalition (NYAC)

Website: nyacyouth.org

The Trevor Project

Trained counselors to offer support 24/7 for youth in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk. TrevorText is a confidential and secure resource that provides live help for LGBTQ youth with a trained specialist, over text messages.

Text START to 678678 or call the Lifeline: 1-866-488-7386

Website: thetrevorproject.org

LGBT National Youth Talkline

Toll-free 1-800-246-PRIDE (1-800-246-7743)

Hours: Monday thru Friday from 4pm to Midnight, Eastern Time

Email: help@theLGBThotline.org

Website: glbthotline.org/talkline.html

The Lesbian, Gay, Bisexual and Transgender (LGBT) Youth Talkline provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States. **All of services are free and confidential.** For all ages, call LGBT National Help Center:

1-888-843-4564

OTHER RESOURCES
(Domestic violence, victims of crime, DCYF, etc.)

Women Center of Rhode Island
24-hour Helpline: 401-861-2761
Domestic Violence Center Business Phone:
401-861-2761

(Servicios Disponibles en Español)

Website: <http://www.womenscenterri.org>

Rhode Island Legal Services <http://www.rils.org>
or helprilaw.org

56 Pine St. Providence 4th Floor: 401-274-2652

50 Washington St, Newport: 401-846-2264

Services include attorneys and Rhode

Island Fair Housing

<http://www.rifairhousing.org>

Rhode Island Department of Children, Youth and
Families (DCYF)

<http://www.dcyf.ri.gov>

Rhode Island Department of Human Services

<http://www.dhs.ri.gov>

The Providence Center

<http://www.providencecenter.org/>

National Suicide/Crisis Hotline

1-800-273-talk (8255), toll free 24-hours/7days
per week

Lifeline online chat:

<https://suicidepreventionlifeline.org/chat/>

Victims of Crime Helpline

(1-800) 494-8100

<http://www.ricadv.org/voch/sexual-assault.html>

Day One, Sexual Assault & Trauma Resource
Center

<http://www.dayoneri.org>

(401) 421-4100

Restraining Order Office (Garrahy-Family
Court)

(401) 458-3200

Check where you need to go:

ricadv.org/en/restraining-orders

How to get a restraining order:

courts.ri.gov/PublicResources/domesticviolenceunit/PDF/VictimInfoEnglish.pdf

Volunteer Lawyer Program

(800) 339-7758, Free Legal Services

Website:

ribar.com/For%20the%20Public/FindingAndChoosingALawyer.aspx

DCYF, to report Child Abuse/Neglect

Everyone in RI is a mandated reporter

Call: 1-800-RI-CHILD

Elderly Affairs, to report elder abuse/neglect

(401) 462-0555

OTHER RESOURCES

(Shelter)

If you need help call 211 (United Way hotline for people in need) complete a phone screening and copy the screening number. With that number in hand, go to Cross Roads RI (160 Broad St, Providence RI). They will provide assistance.

CCAP - 401.467.9610 (Shelter)
401.467.9610 (Emergency Center)

(Shelter/Vivienda Temporal)

Si necesita ayuda llame al 211 (Línea de ayuda a personas de United Way) Complete la entrevista por teléfono. **Copie** el número de caso que le dan al final de la entrevista. Con ese número preséntense en Cross Roads RI (160 Broad St, Providence RI). **¡Ellos le ayudarán!**

CCAP - 401.467.9610 (Shelter/Vivienda Temporal)
401.467.9610 (Centro de Emergencia)

Evaluation Resources		
NAME	FOR WHOM?	PHONE
Center for Neuropsychology and Learning Disorders, Inc	Children, adults, and seniors	401-351-7779 ext 100
Comprehensive Neuropsychological Services	Toddlers through adulthood	401-351-7779 ext 100
Delta Consultants of Providence	All ages	401-421-4205
Delta Consultants of South South County	Children, adults, and parents	401-789-3694
Momentum Professional Behavioral Health Services	All ages	401-618-6991
NeuroPsychology Associates, Inc.	Children and adults	401-455-0221
Neurodevelopment Center	4 th grade through adulthood	401-789-7848

Advocacy, Support, & Resources		
NAME	FOR WHOM?	PHONE
Autism Society of America – Rhode Island Chapter	All ages	401-595-3241
Community Autism Resources	Massachusetts residents	508-379-0371
RI Developmental Disabilities Council	All ages	401-737-1238
RI Disability Law Center	All ages	401-831-3150
The Autism Project	All ages	401-785-2666
United Way 2-1-1 Rhode Island	All ages	2-1-1
Parent Support Network	Family members, youth, adults	401-467-6855

Rhode Island Parent Information Network (RIPIN)	Parents and educators	401-270-0101
---	-----------------------	--------------

•

TREATMENT AND THERAPEUTIC SERVICES			
NAME	FOR WHOM?		PHONE
Access Point RI – Cranston	HBTS, ABA, PASS, Respite	All ages	401-941-1112
Autism Project – Johnston	Social groups, summer camp, parent and professional Training	Children, teens, and adults	401-785-2666
Center for Autism and Related Disorders (CARD)-Providence	ABA- home-based and center- based	Children and adults	401-214-2330
Child and Family – Newport County and Providence	Home-based treatment, family-centered treatment, counseling, residential	Children through elders	401-849-2300

Frank Olean Center - Westerly	HBTS, PASS, adult services	All ages	401-315-0143
Hands in Harmony Music Therapy - Wakefield	Music therapy	All ages	401-783-4810
Looking Upwards - Portsmouth	HBTS, PASS, Behavioral consulting, adult services	Children and adults	401-847-0960
Momentum Professional Behavioral Health Services	ABA	All ages	401-678-6991
Navigate Behaviors – East Greenwich	In-home services, social skills groups	Early toddlers to adults	401-213-3302
Pathways Strategic Teaching Center - Coventry	ABA	Young children and adults	401-294-3990
Perspectives Corporation – North Kingstown and Warwick	Behavioral intervention, home-based therapy, residential services, adult services	Children and adults	401-294-3990
ProCare Therapy Services - Cranston	OT, Speech Therapy, etc.	All ages	401-270-2500
Rhode Island Hospital / Hasbro Occupational	Occupational Therapy	Children and adults	401-432-6800

Therapy Clinic - Providence			
Rhode Island Hospital / Hasbro Speech Clinic - Providence	Audiology and speech – language pathology	Children and adults	401-444-5485
Seven Hills Rhode Island – Cranston and Woonsocket	Aba, varied clinical and residential services	Children and adults	401-921-1470 ext 307
Skills in Motion - Warwick	Social skills groups, clubs and activities	Age 4 through young adults	401-228-7667
Social Sparks - Lincoln	Individual therapy, family therapy, social skills groups, interest- based clubs, etc.	All ages	401-4750653
TechACCESS – Cranston	Supporting people with disabilities through the use of	All ages	401-463-0202

- LEGAL ASSISTANCE / ADVOCACY

NAME	FOR WHOM	PHONE
Advocates in Action – Rhode Island	All ages	877-532-5543
Autism Society of America – Rhode Island Chapter	All – Requires membership fees	401-595-3241
Rhode Island Disability Law Center	All ages	401-831-3150
Rhode Island Parent Information Network	Individuals, parents, and families	401-270-0101

The Autism Project	Children, teens, and adults	401-785-2666
--------------------	--------------------------------	--------------

- STATE AGENCIES

NAME	FOR WHOM	PHONE
RI Department of Behavioral Healthcare, Developmental Disabilities, and Hospitals (BHDDH)	All ages	401-462-3201
RI Department of Health	All ages	401-222-5960
RI Executive Office of Health and Human Services	All ages	401-462-5274
RI Office of Rehabilitation Services	Working age	401-421-7005
RI Public Transit Authority (RIPTA)	All ages	401-461-9760

- VOCATIONAL ASSISTANCE / TRANSITIONAL SERVICES / SERVICES FOR ADULTS

NAME	FOR WHOM	PHONE
AANE –The Asperger/Autism Network	Adults, children, and teens	617-393-3824
ARC of Blackstone Valley	Adolescents and adults	401-727-0150
Ocean State Center for Independent Living	Adults	401-738-1013
Paul V. Sherlock Center on Disabilities at Rhode Island College	Transition, Workforce	401-456-8072
RI Department of Behavioral Healthcare, Developmental Disabilities, and Hospitals (BHDDH)	All ages	401-462-3201
Rhode Island Office of Rehabilitation Services Vocational	Individuals choosing, preparing for obtaining, and maintaining employment	401-421-7005
Rhode Island Parent Information Network (RIPIN)	Adults, parents and educators – Transition Workshops	401-270-0101
Spurwink Adult Services, VocLinks, and Realty and Development Company	Adolescents and adults	401-288-3634
The Autism Project	Children, teens, and adults	401-785-2666
The Center for Autism and Related Disorders (CARD)	Adolescents and adults	401-288-3634

The Groden Network; The Halycon Center	Adults	401-274-6310 ext. 1125
--	--------	------------------------